

Recovery House For Women

Interview / Application

\$100.00 non-refundable deposit

\$100.00 Rent every Sunday for the week moving forward

Employment

Sponsor in AA or NA

3 meetings a week and need to work the 12 Steps

Mandatory house meeting every Sunday

UA's anytime Monday-Sunday-Usually one UA per week

Wednesday evenings we do a Recovery Meeting since COVID-19 and the women have decided to keep the meeting going.

Meals-A lot of the time they eat dinner together. They are responsible for their own meals and food.

The women go to some of the same AA/NA meetings outside the house or they do Zoom AA meetings at the house together.

Amount of time for a resident to live at the house is minimum of 3 months, maximum of 1 year.

We celebrate birthdays, sobriety dates and achievements.

We also have a Christmas party dinner.

We check in with the women throughout the week to make sure they are doing okay.

We have women in the house that are addicted to drugs and alcohol that have either completed inpatient treatment or could be in out-patient. The women could also be DHS involved, in Drug Court or coming out of the Fresh Start Women's Facility.

We do not take anyone from prison or jail until they have completed treatment plan, whether it be inpatient or out-patient.

This is a ¾ Sober Living House. It is not a ½ way house.

We do not have anyone who is a paid employer, we are a non-profit 501C3.

We are all women learning how to live clean and sober, one day at a time.

I (Melinda Neff) am not a Doctor, Substance Abuse Counselor, or a Mental Health Therapist.

I am simply a recovering alcoholic-addict since 12/29/02. I want to help and give back to the next suffering alcoholic or addict. I share my experience, strength, and hope with them. Leading them into long term recovery by staying clean & sober, and by not going to jail, prison or God forbid death.

Us addicts and alcoholics deserve a second chance. I want them to feel like they are somebody. I want them to know that they can be productive women in society.

They work their own program. They choose whether they remain clean & sober. They choose to reach out for help.

I will always be the one to reach back out, because I know what it feels like to feel alone, broken, defeated and unloved.